

Protein Power Balls with iFit Nutrition Protein



These power balls are packed with protein and taste like chocolate chip cookie dough! They're a delicious way to add some extra protein into your diet. Make a batch, then freeze them to enjoy later if you're in a rush, in need of a treat, or just trying to find something to tide you over until dinner.

Prep time: 15 minutes

Cook time: none

Serving size: 1 ball

Makes: 30 servings

Ingredients

1 cup oats (gluten-free, if needed)
2 scoops vanilla iFit Nutrition Protein powder
 $\frac{2}{3}$ cup shredded, unsweetened coconut
 $\frac{1}{3}$ cup chocolate chips
2 Tablespoons chia seeds
 $\frac{2}{3}$ cup peanut butter
 $\frac{1}{3}$ cup honey
1 teaspoon vanilla

Directions

1. Mix all the ingredients in a bowl until well combined.
2. Roll the dough into small, tight balls.
3. Refrigerate or freeze, if desired.