



BANANA BERRY SALAD

Makes 4 servings | Serving size: 1 cup

PREP TIME

10 min

COOK TIME

0 min

TOTAL TIME

10 min

This paleo fruit salad makes a yummy breakfast, side, or snack! I love to snack on fruit, but sometimes, it seems a little boring. So to make it more appetizing, I like to dress it up a little.

Ingredients

- 1 pound strawberries, hulled and quartered
- 2 cups blueberries
- 1 banana, sliced
- 1 tablespoon lemon zest
- 2 teaspoons lemon juice
- 1 teaspoon honey (agave for vegan)
- ¼ cup unsalted, sliced almonds, toasted



Directions

1. Mix all the ingredients together and enjoy at room temperature or chilled.
2. Store leftovers in the refrigerator.