



# TURKEY WALNUT SALAD

Makes 1 serving | Serving size: 1 salad

PREP TIME

**10 min**

COOK TIME

**0 min**

TOTAL TIME

**10 min**

*Put those Thanksgiving leftovers to good use!*

## Ingredients

- 4 ounces grilled turkey breast, sliced thin
- 4 cups leafy greens
- ½ cup apple, chopped
- 1 cup grapes, halved
- 2 tablespoons chopped walnuts
- 2 tablespoons *Creamy Balsamic Vinaigrette*



### *Creamy Balsamic Vinaigrette*

- 2 tablespoons balsamic vinegar
- 1 tablespoon fresh lemon juice
- 1 teaspoon Dijon mustard
- ⅓ cup olive oil
- 1 garlic clove, pressed
- ½ teaspoon sugar
- 2 tablespoons nonfat, plain Greek yogurt

## Directions

1. Add all vinaigrette ingredients to a small bowl or cup and blend with an immersion blender using the whip attachment.
2. Toss salad with dressing. Enjoy!